



e-UPDATE #95 - 28.02.21

Welcome to this update.

As I sit down to write this on Sunday evening, there are growing reasons to be positive. As well as the glorious Cheltenham sunshine(!) we enjoyed this weekend, we have today marked a milestone of **20m in the UK having their first job, including around 25,000 here in Cheltenham**. There is a long way to go, but this is a huge national achievement. The thanks and congratulations of the whole town go to all those in our local NHS, including those responsible for the brilliantly efficient operation at Cheltenham East Fire Station.

There are other reasons for optimism. I am pleased in particular that Gloucestershire health leaders have listened to calls for clarity about the **restoration of Cheltenham A&E, and announced plans for its reopening** - see further below.

There are updates on the progress of the [£22m West Cheltenham Transport Improvement Scheme](#) (this was money I reported we had been able to secure in an update as long ago as 2018!) which will help stimulate our local economy - and the cyber park in particular.

There is information about the new [£30m Leckhampton school](#), which is currently the subject of litigation in the High Court.

I am also launching my "[Cheltenham Bounceback](#)" campaign. I'll be featuring local businesses who are making preparations to reopen, the Government's four tests allowing. This week I'm featuring local personal trainer Paul Wanford, usually based out of the Prince of Wales stadium, and his business **Xerlife**. I'm highlighting too the work of [Sewa Day at Cheltenham](#), who are doing fantastic work volunteering to support people during lockdown.

Finally, this month marked my first full year as a Minister in the Ministry of Justice. I thought it might be helpful to explain a bit about what the job entails, so I have included a special [ministerial update](#), summarising some my key work from the last twelve months. I'm told I've signed 1,525 pieces of ministerial correspondence!

Thank you for reading.

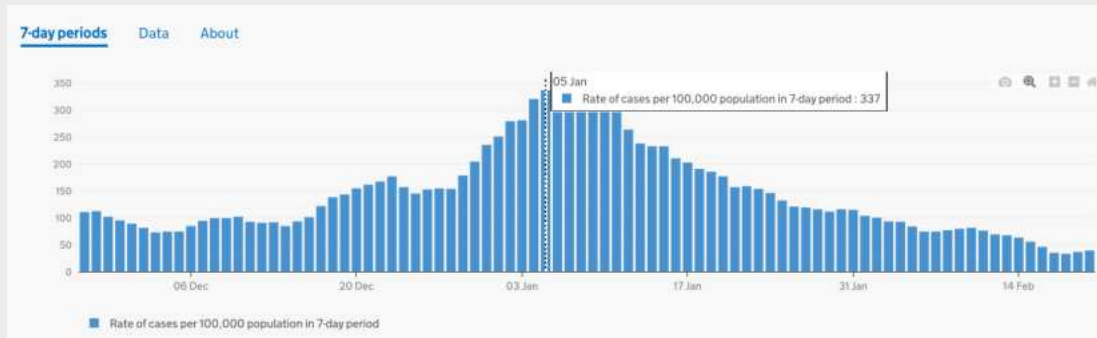
Best wishes,



Alex Chalk MP

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COVID UPDATE



[7-day rate of cases per 100,000 in Cheltenham from early December. At 6 January (highlighted), this peaked at 338.8. This has now declined to 37, as at 24 Feb. Source: DHSC]

COVID Hospital Patients:

As at 8am on 26 February, there were 49 COVID positive patients in Gloucestershire Hospitals NHS Foundation Trust (GHFT), including 3 patients in the GRH Critical Care Unit. The Trust continues to turn areas previously 'red' into 'green' non-COVID areas.

Cases in GLOUCESTERSHIRE:

Cases in last 7 days: 248 (w/e 24 Feb).

Rate per 100,000: 39 (w/e 24 Feb).

Total cases: 21,592 (24 Feb).

Cases in CHELTENHAM:

Cases in last 7 days: 44 (w/e 24 Feb).

Rate per 100,000: 37 per 100,000 (w/e 24 Feb).

Total cases: 3,591 (24 Feb).

Gloucestershire Death Registrations Mentioning COVID-19:

9 in last 7 days (w/e 24 Feb).

Long COVID Support:

A new community service to support people in Gloucestershire with Long COVID is now open. The service is in addition to existing arrangements that support the most ill patients (those who required Intensive Care and Respiratory High Dependency treatment) with their ongoing rehabilitation and recovery after a hospital stay.

Patients who continue to experience significant symptoms twelve weeks after COVID infection will be referred to the service, usually by their GP. They will be triaged and assessed by clinicians and offered advice and support, which may include:

- Wellbeing and recovery guidance on the Your COVID Recovery App or website developed by NHS England
- Further clinical assessment
- Referral into other services.

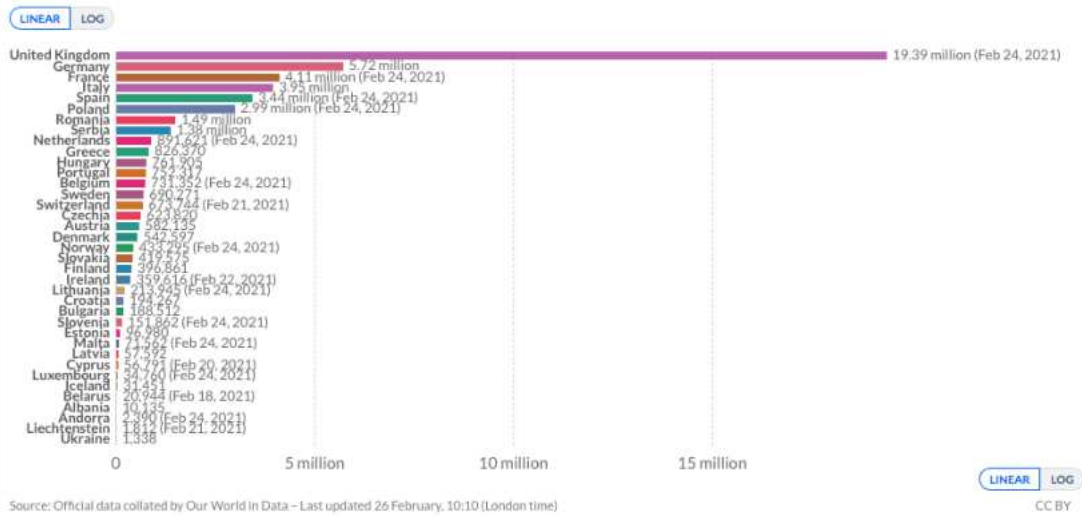
The multi-disciplinary approach will include psychology, physiotherapy, health coaching and medical input and patients will be offered ongoing support during their rehabilitation.

VACCINATION UPDATE:

Cumulative COVID-19 vaccination doses administered, Feb 25, 2021

This is counted as a single dose, and may not equal the total number of people vaccinated, depending on the specific dose regime (e.g. people receive multiple doses).

Our World
in Data



[Source: World in Data. As at 26 Feb at 10.10am. Click for more info].

UK DELIVERS 20 MILLION FIRST DOSES

In the UK, 20m people had received their first dose of the vaccine, and over 700,000 their second dose. The UK has administered more doses than Germany, Italy, France and Spain combined.

In Gloucestershire, over 213,000 people in the top priority groups have had their first dose of the vaccine. And here in **Cheltenham almost a quarter of the population** have already received a first dose. That's 24,640 people (23.4%) as at 25 February.



Alex cycled past Cheltenham East Fire Station on his daily exercise, and recorded a message of thanks for the NHS staff and volunteers carrying out the hugely efficient vaccination operation. [WATCH HERE](#).

CHELTENHAM UPDATES:

HEALTHCARE:



ALEX WELCOMES DECISION TO REOPEN CHELTENHAM'S A&E ON 1 JULY AFTER URGING TRUST TO SET DATE

Gloucestershire health leaders have responded to calls for clarity about the restoration of Cheltenham's A&E, and announced plans for its reopening.

The A&E was suspended in June last year by the Trust, using emergency powers to help the local NHS fight COVID. The rationale was to create a 'red' COVID hospital at GRH and a 'green' non-COVID site at CGH to continue with the business-as-usual work.

Alex has been clear that, after the enormous campaign in Cheltenham to save its A&E, COVID could not be the pretext for a quiet downgrade. That led to cast-iron written assurances from local managers to Alex that A&E would reopen.

Given declining COVID cases and hospitalisations, Alex called on the Trust to provide clarity on when the A&E will be restored. In light of that, the Trust announced that **Cheltenham A&E will now reopen "no later than 1 July"**. In addition, the Aveta Birth Centre will reopen on 8 March having been converted to a temporary surgical ward for urgent cancer surgery.

Alex said:

"This is welcome news - although 1 July for A&E is a later long-stop date than I, and I'm sure many others, wanted.

Having discussed this at length with senior NHS clinicians I am assured that a cautious timetable is essential, and the temporary emergency changes continue to play a crucial part in delivering health services – particularly rapid cancer diagnosis and treatment.

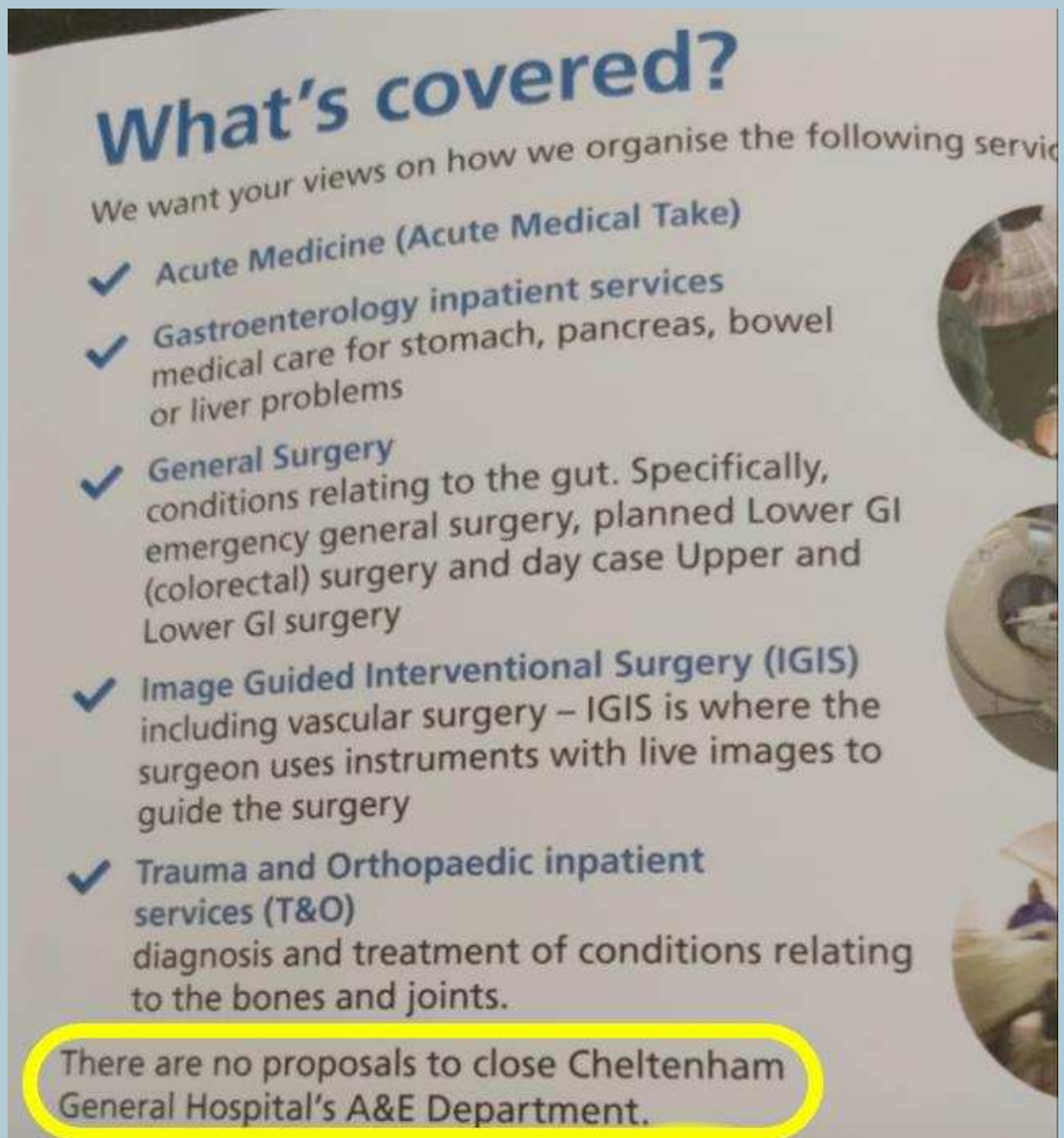
Recent 62-day cancer performance statistics show that Gloucestershire has been one of the best performers in the country in seeing patients referred by their GP.

Despite the spectacular success of the ongoing vaccination programme in Cheltenham and reduced COVID-related hospital admissions, I am advised that Gloucestershire NHS is still under significant pressure. I do absolutely recognise the sheer physical and mental toll this pandemic has taken on so many health professionals.

I'm advised that this long-stop date takes into account the need to monitor rates of transmission and any new variants of concern – as well as admission rates and the vaccination progress.

But if the data continues to move in the right direction then it's imperative, given the pressure on Gloucestershire Royal, that the opening date be brought forward.

As part of this announcement, the Trust has reiterated its public commitment to retention of Cheltenham's A&E."



[An extract from a leaflet posted through Cheltenham doors last year].

ALEX HOLDS TALKS WITH TRUST ABOUT LONG-TERM PLANS FOR HEALTHCARE IN CHELTENHAM

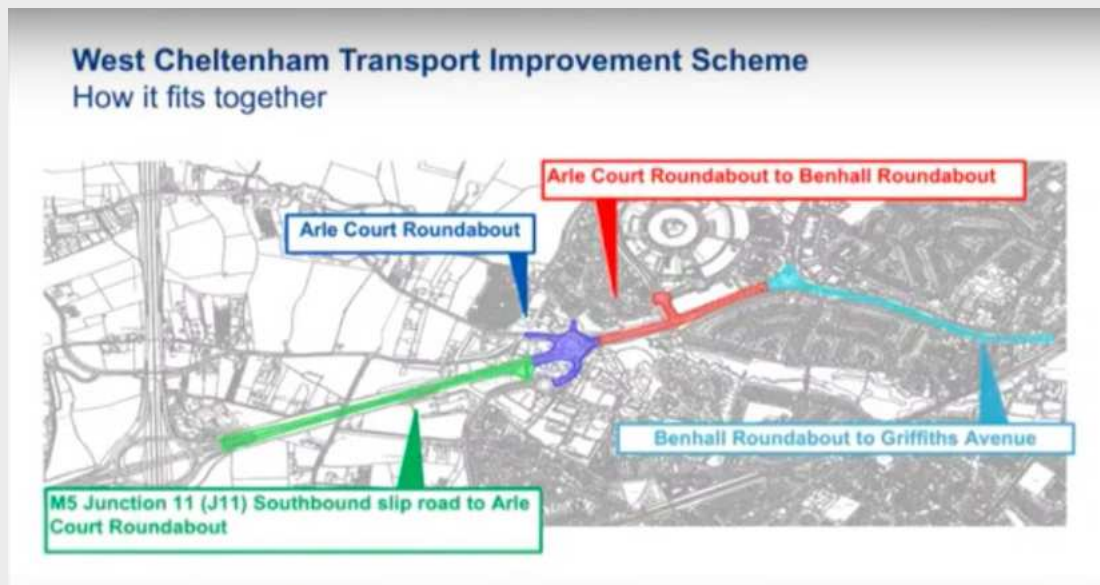
Alex, together with his Gloucestershire colleagues Laurence Robertson MP and Sir Geoffrey Clifton Brown MP, has met with the leadership of Gloucestershire Hospitals NHS Trust regarding their 'Fit for the Future' consultation.

Alex arranged the meeting with the Trust to make representations to **ensure that any reconfiguration of services within the county provides a strong and sustainable outcome for Cheltenham.**

Alex has welcomed some aspects of the Trust's emerging new model for elective general surgery, which would provide complex and routine colorectal and upper gastro-intestinal elective care at Cheltenham General.

Alex welcomed assurances that the future of Cheltenham's A&E is not being consulted upon. That follows a recent leaflet posted through Cheltenham letterboxes asking for views on the consultation, in which the **Trust provided a written guarantee that A&E will remain in Cheltenham.**

CYBER:



CYBER PARK UPDATE: WORK UNDERWAY ON PHASE 2 OF £22M WEST CHELTENHAM TRANSPORT SCHEME

Alex attended a meeting hosted by Gloucestershire County Council regarding the progress of the **£22 million West Cheltenham Transport Improvement Scheme.**

Back in 2018, after lobbying then Communities Minister Sajid Javid, **Alex announced that £22m of funding had been secured from central Government to help open up land for a cyber park in the west of Cheltenham.** The funding is to deliver improvements in infrastructure, reducing existing congestion on the route, maintaining and improving routes for sustainable travel, and opening up employment land for the site.

The first part of the work involves Arle Court Roundabout and roads leading to it. These works started in summer 2020 and are progressing well, currently on target to be completed by summer 2021.

The second part includes the **A40 east towards Cheltenham, including Telstar Way and Benhall Roundabout, up to Gloucester Road Junction.** The work will

include carriageway, walking and cycling improvements. These works have now begun, and are expected to be completed by late 2021 or early 2022.

You can watch GCC's briefing on the scheme progress [HERE](#).

HOUSING:



[Pictured: design plans for 200 new homes. Source: MF Freeman].

ALEX CALLS FOR INQUIRY INTO COLLAPSE OF NORTH PLACE HOMES SCHEME AFTER £3M GRANT IS HANDED BACK TO GOVERNMENT

Alex has expressed his frustration that plans to develop the Portland Street Car Park site near Cheltenham town centre, which would have provided 200 new homes, have been shelved.

In 2018, after **Alex personally lobbied the Housing Minister, the Government awarded £3 million** from its Housing Infrastructure Fund to Cheltenham Borough Council towards the project. This was to ensure that a scheme could be delivered to provide affordable homes on this town centre site.

However, the Government grant has now been handed back.

Commenting, Alex said:

“This is incredibly disappointing. Securing £3m in Government funding to create new homes on this town centre site was a once-in-a-generation opportunity to regenerate this town centre brownfield site, a long-running eyesore, and breathe life back into the heart of Cheltenham.

This failure now increases pressure to concrete over precious green spaces on the town’s edge with new housing. That means destroying habitats. It also risks what planners sometimes call the ‘doughnut effect’ where the centre of a town is hollowed out. It is more important than ever post-pandemic that we restore footfall back to the High Street, Prom and Brewery Quarter. This is a missed opportunity to do so.

We need to know what went so badly wrong.”

SCHOOLS:



[Alex pictured pre-COVID, supporting a campaign for the new school.]

LECKHAMPTON HIGH SCHOOL UPDATE: JUDICIAL REVIEW OF PLANNING PERMISSION WILL NOT DERAIL SEPTEMBER INTAKE

When Alex first stood to be Cheltenham's MP in 2015, one of his six local pledges,

alongside pushing for a cyber park, was to secure funding for a new school to address the long-standing problem of the so-called 'Leckhampton Triangle'. This is the zone that has emerged in the south of Cheltenham from which children are unable to get in to either Bournside or Balcarras because of a lack of local school places. It causes deep anguish to local parents who understandably seek a quality local education for their children.

After **securing £30m of Government investment for Gloucestershire County Council to build a new school in Leckhampton**, the grant of planning permission is being judicially reviewed. Leave to bring the JR was granted recently, and the substantive hearing has been listed for 15 March. Given ongoing court proceedings, Alex is not able to comment further.

Alex has however been in communication with GCC and others. GCC have confirmed that **120 places have been allocated to The High School Leckhampton as part of the secondary intake for September 2021**. They will be accommodated temporarily on the Balcarras site as planned.

After raising this with DfE, it is now confirmed that the funding agreement for the school has been signed off, the school is now a legal entity, and the **120 places will therefore be firm offers** rather than provisional.

Set out below is the joint response of the Balcarras and LHS Heads:

Dear prospective parents and members of the local community,

Yesterday, we heard that a Judicial Review has now been scheduled for 15th March, pertaining to the new school building at Farm Lane and relating to the single issue of Valued Landscape. Whilst it is disappointing that Judge Cotter QC overturned the previous judge's decision made in October, Gloucestershire County Council remain confident that the original planning decision will be upheld.

The Balcarras Trust would like to reassure everyone in our community that the school's plans for opening in September will not be affected in any way by this Judicial Review. We are expecting 120 offers for the school to be made on Monday. Our temporary building at Balcarras is progressing at speed and our education plans, policies, and transition arrangements are at an advanced stage.

We remain totally committed to opening a fantastic new school—one that we are all proud to be involved in.

With warmest wishes,

Dominic Burke Helen Wood

CEO Headteacher

Click [HERE](#) to visit the new school's website and find out more.



[Alex pictured during a pre-COVID visit to Balcarras School].

BALCARRAS SCHOOL SET TO BE MAJOR "TEACHING SCHOOL HUB" FOR THE SOUTH WEST

Alex has welcomed the news that Balcarras School in Cheltenham is one of two local schools which will become [Teaching School Hubs](#) for the South West region.

They will **provide “high-quality professional development” to teachers and leaders**, and play a “key role in helping to build up trainee teachers as they enter the workforce”. They will help deliver the government’s new early career framework of support for new teachers, and will provide national professional qualifications and initial teacher training.

Balcarras has been named as the Teaching School Hub for Cheltenham, Stroud and The Cotswolds - having been a Teaching School since 2012.

Balcarras intends to work closely with Pate’s Grammar School, which has been named as the other Teaching School Hub for Gloucestershire (Gloucester, Tewkesbury and the Forest).

ALSO IN CHELTENHAM:



[Pictured: St James' Walk flats, which are over 18m tall and therefore is expected to be eligible for funding to remove unsafe cladding].

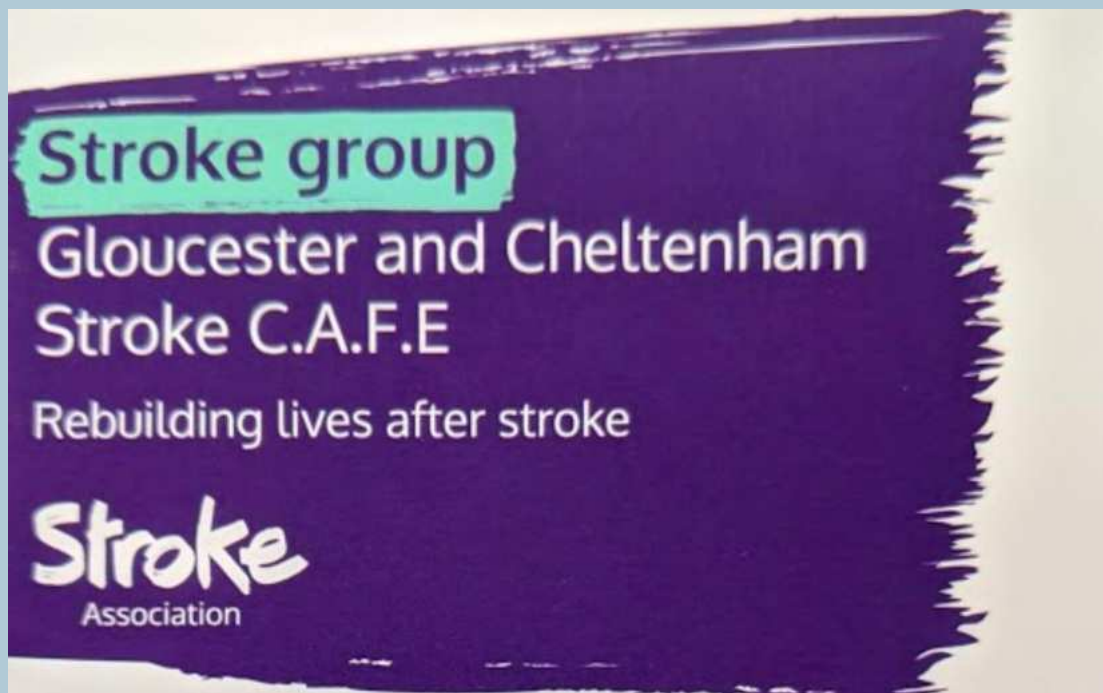
ALEX MEETS WITH HOUSING SECRETARY TO ENSURE TENANTS IN ST JAMES' WALK CAN BENEFIT FROM £5BN BUILDING SAFETY FUND

Alex has welcomed the news from the Government that they will fully fund the replacement of unsafe cladding for all leaseholders in residential buildings 18 metres and higher in England, which have been independently judged to be the highest-risk buildings.

Here in Cheltenham, Alex has been assisting tenants in St James' Walk flats, which require cladding replacement. Without funding, leaseholders could have been facing unaffordable costs.

Alex recently met with the Housing Secretary, Robert Jenrick, and Dame Judith Hackett, the Government's building safety adviser, where he directly raised St James' Walk.

They confirmed that £5 billion has been made available for cladding remediation works for buildings over 18 metres, and that the St James' Walk building meets that threshold. Alex has written to the Building Safety Fund to seek written confirmation for his constituents that funding will be secured.



SINCE THE LAST UPDATE, ALEX HAS:

- Hosted a Zoom **Q&A with students** from the University of Gloucestershire
- Held a virtual constituency **surgery**
- Met virtually with volunteers at the **Gloucester and Cheltenham Stroke CAFE**, the local branch of the Stroke Association, which offers support to those recovering from strokes.

Received Briefings from:

- NHS Gloucestershire Clinical Commissioning Group about the **vaccine rollout** in Cheltenham
- **Vaccines Minister** Nadhim Zahawi
- Housing Secretary Robert Jenrick, regarding **£3.5bn extra Government funding to tackle unsafe cladding**
- Schools Minister Nick Gibb and Education Secretary Gavin Williamson, ahead of the reopening of **schools**
- **Health Secretary** Matt Hancock and **Deputy Chief Medical Officer** Jenny Harries, regarding COVID-19
- Prime Minister Boris Johnson, regarding the **roadmap out of lockdown**.

Held Talks with:

- The **leader of Cheltenham Borough Council**, to discuss issues including Covid support, devolution, disability access, elections, and the Portland Street development.

- The new Chair and Vice-Chair of the **Sandford Parks Lido**
- **Gloucestershire NHS Trust** Director of Strategy & Transformation Simon Lanceley as well as Medical Director Mark Pietroni.

**MINISTERIAL SPECIAL:
ALEX'S FIRST YEAR ROUND-UP**



FEB 2021 MARKS ONE YEAR IN THE JOB FOR ALEX

This month marks the end of Alex's first year in the job as Parliamentary Under Secretary of State at the Ministry of Justice. See below a summary of Alex's work during those first twelve months.



[Pictured: Alex with the Domestic Abuse Bill, alongside Home Office Minister Victoria Atkins, with whom he jointly led the bill through the Commons].

KEY ACHIEVEMENTS:

Since February 2020, Alex has:

1. Progressed the **Domestic Abuse Bill** through the Commons. This landmark Bill will help transform the response to domestic abuse, helping to prevent offending, protect victims and ensure they have the support they need.
2. Passed the Divorce, Dissolution and Separation Act 2020, **which spares divorcing couples from having to apportion blame** for the breakdown of their marriage.
3. Passed the Private International Law (Implementation of Agreements) Act 2020, which provides for the **implementation of international agreements on private international law** following Brexit.
4. Launched the **Criminal Legal Aid Independent Review** and accelerated criminal legal aid measures, **increasing funding by £51m** per annum for solicitors and barristers.
5. Published 'Harm in the Family Courts' review and accompanying action plan, which seeks to **improve how the family courts identify and respond to allegations of domestic abuse** and other serious offences, in cases involving disputes between parents about the arrangements for their children.

6. Chaired the **International Law Committee**, leading to strong engagement for the legal services sector as the UK exited the European Union.

7. Overseen the establishment of the **Independent Monitoring Authority for citizens' rights**.



COVID-19 SUPPORT:

Alex became Minister just weeks before the start of the global COVID-19 pandemic and the beginning of the first national lockdown. A key part of his ministerial portfolio has been to **ensure the justice system has been able to cope** during this difficult period. To that end, Alex has:

- Provided two tranches of **funding for sexual violence and domestic abuse support services** - £28m (within wider Governmental package of £76m) and £40m.
- Provided £5.4m of **emergency funding for Law Centres**.
- Supported the **funeral sector**, and wider death management sector through the COVID-19 pandemic and feeding into Cabinet Office's death management programme.
- Provided **support for the legal aid sector** via interim and hardship payments, payment on accounts, loans to solicitors and barristers etc.
- Placed a **stay on evictions** to protect renters from being made homeless during the pandemic.

- Provided leadership that has **ensured courts have remained open** in a Covid-safe way during the second phase of the pandemic.



IN PARLIAMENT:

As well as answering **498** Written Parliamentary Questions, and **1525** pieces of ministerial correspondence, Alex has appeared in Parliament on behalf of the Ministry of Justice during the following:

- **Eight** sessions of MOJ Oral Parliamentary Questions
- **Seven** Statutory Instrument debates

Wesminster Hall Debates:

- Desecration of War Memorials – January 2021
- Prison Officer Safety – March 2020
- Positions of Trust – February 2020
- Legal Aid Spending – October 2020
- The Rule of Law – October 2020

Other Parliamentary Business:

- PIL Bill Committee of the Whole House – September 2020
- Urgent Question by David Lammy – June 2020
- Divorce Bill Committee of the Whole House – June 2020
- JSC hearing on the Coroners Service – November 2020

- DA Bill Committee Stage – May-June 2020
- JSC hearing on COVID-19 effects on the courts and legal system – May 2020.



SECONDARY LEGISLATION:

Secondary legislation is used by Ministers to fill in the details of Acts (primary legislation), and allows the law to be enforced and operate practically in daily life (find out more [here](#)).

Alex has signed into law the following pieces of secondary legislation:

- The Public Health (Coronavirus) (Protection from Eviction) (England) Regulations 2021
- The Family Procedure Rules 2021
- The Civil Legal Aid (Financial Resources and Payment for Services)(Amendment) Regulations 2020
- The Civil Procedure Rule 126th Practice Direction Update (Brexit) 2020
- The Civil, Criminal and Family Justice (Amendment) (EU Exit) Regulations 2020
- The Public Health (Coronavirus) (Protection from Eviction and Taking Control of Goods) (England) Regulations 2020

- The Services of Lawyers and Lawyer's Practice (Revocation etc.) (EU Exit) Regulations 2020
- The Civil Jurisdiction and Judgments (Civil and Family) (Amendment) (EU Exit) Regulations 2020
- The Civil Legal Aid (Remuneration) (Amendment) (No. 2) (Coronavirus) Regulations 2020
- The Wills Act 1837 (Electronic Communications) (Amendment) (Coronavirus) Order 2020
- The Civil Legal Aid (Remuneration) (Amendment) (Coronavirus) Regulations 2020
- The Civil Legal Aid (Procedure) (Amendment) Regulations 2020
- The Family Procedure (Amendment No 2) Rules 2020
- The Northern Ireland Act 1998 (Section 75 – Designation of Public Authority) Order 2020.



[Alex pictured during a ministerial visit to Safeline Rape Support Centre in Warwick].

EVENTS/VISITS:

In his ministerial capacity, Alex has attended the following:

- Opening address to Law Centres Network Annual Event
- Visit to Inner London Crown Court

- Opening address at Modernising LPA Roundtable
- Parliament Week Panel Event with Victoria Atkins
- Virtual visits with FLOWS and Shelter
- Visit to Court of Protection
- Visit to Isleworth Crown Court
- Keynote speech at Society of Conservative Lawyers event
- Visit to Safeline Rape Support Centre, Warwick (pictured)
- Visit to Southwark Crown Court and Prospero House
- Keynote speech at All Party Parliamentary Group on Legal Aid
- Keynote speech for Criminal Justice Alliance
- Prime Minister's Hidden Harms Summit.

CHELtenham COVID HEROES:



SEWA DAY AT CHELTENHAM ARE VOLUNTEERING AT VACCINATION CENTRES AND DELIVERING FOOD TO THOSE IN NEED

Sewa Day volunteers have been busy during the pandemic supporting people in a range of ways. The volunteers embody 'Sewa', meaning **acts of kindness and selfless service**. Here in Cheltenham, some of their activities have included:

- Volunteering at the local NHS vaccination centre to carry out weekly marshalling
- Collecting food donations to supply food banks
- Delivering freshly cooked meals every week to several local groups, including the YMCA Cheltenham and Gloucester, NHS nurses, Home Group, and P3

Here in Cheltenham, Sewa Day need help with more volunteers, donations and also reaching out to those in need. Please do get in touch if you can help, by emailing cheltenham@sewaday.org.

Find out more about Sewa Day [HERE](#).

CHELTENHAM BOUNCEBACK:



In each update, Alex will be featuring **Cheltenham businesses who are bouncing back from the pandemic**. Each update will highlight a different featured business.

It is Alex's goal to showcase local shops, hospitality businesses, and events in Cheltenham, when restrictions allow. However, whilst lockdown continues, we will feature businesses who have been able to convert to providing a virtual service.

Alex said:

"Despite an estimated £300 million in Government support being provided to Cheltenham to weather the impact of COVID-19, local businesses have been hit hard by the pandemic.

"As restrictions are eased, we need to take the opportunity to support our fantastic local enterprises. I'm hoping that people in Cheltenham will shop local, eat local, and visit local, and ensure we restart our town's economy. I'm featuring local businesses so that people are aware of what is available on their doorstep."

Would you like your business featured? Email Alex on alex.chalk.mp@parliament.uk.



FEATURED BUSINESS:

CHELTEHAM PERSONAL TRAINER PAUL WANFORD LAUNCHES XERLIFE, AN AFFORDABLE HEALTHY LIVING AND EXERCISE APP

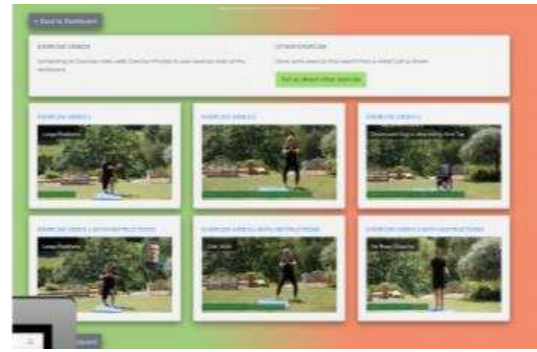
Local PT Paul Wanford, usually based out of the Prince of Wales stadium, has created **Xerlife**, a health and wellbeing app to help people lead healthier lives during lockdown and beyond. The app is designed to help you eat better, exercise more and record and monitor a range of key health stats.

Paul's main aim is to provide a **health lifestyle app for people at an affordable price**. He is passionate that healthy living shouldn't be expensive. The app costs £1.99 a month or £20 for the year.

It's very easy to use and is based on NHS guidelines and proven principles. You can explore the [food plan](#), [exercise videos](#), [dashboard](#) (see images below) and other features before trying Xerlife.

Uptake in Cheltenham has been positive, but Paul is hoping his service will soon be used by thousands of people across the UK.





IN THE MEDIA

SINCE THE LAST UPDATE, ALEX HAS:

Alex has written three articles for the Gloucestershire Echo, in which he:

1. Called for an inquiry into **why Cheltenham Borough Council have handed £3 million back to the Government**, after their plans to deliver housing on the North Place car park site collapsed. [READ HERE](#).
2. Announced details of a **£40m support package for domestic abuse victims**. [READ HERE](#).
3. Called for Gloucestershire NHS senior leadership to **clarify when Cheltenham's A&E will be reopened**, in light of the Prime Minister's roadmap out of lockdown being published. [READ HERE](#).

OTHER LOCAL NEWS



Adult Education in Gloucestershire

WELLBEING COURSES AVAILABLE VIA COUNTY COUNCIL

Adult Education in Gloucestershire, part of GCC, is offering a range of courses for those looking to improve their wellbeing during lockdown. Some of the courses include:

Relax & Recharge

15 Feb – 8 March.

10.30 -12.00pm online via Zoom

A 4 week course through the practice of techniques from different cultures, we will explore ways to balance the internal energy system of the mind & body, looking at how/why blockages occur & how to release them, reliving stress & being able to relax.

Contact: michelle.johnson@gloucestershire.gov.uk

Deepening the Practice

15 Feb - 8 March.

1.00 – 2.30pm online via Zoom

The aim of this course is for all in the group to continue developing their skills, to reduce stress, achieve levels of relaxation, and calm the mind through the practice of mindful activities. To encourage participation in repeated & new practices.

Contact: michelle.johnson@gloucestershire.gov.uk

Introduction to Holistic Well-being

22 Feb to 15 March.

10.30am to 12.30pm - Online via Zoom

Boost your emotional well-being through this introductory programme where you will be able to explore your physical and mental health and connect with the good things in life

Contact: ismail.ginwalla@gloucestershire.gov.uk

Find out more [HERE](#).

GOVERNMENT ANNOUNCE STRATEGY FOR ENDING LOCKDOWN

STEP 1
8 March

29 March

 **EDUCATION**

8 MARCH

- Schools and colleges open for all students
- Practical Higher Education courses


 **SOCIAL CONTACT**

8 MARCH

- Exercise and recreation outdoors with household or one other person
- Household only indoors

29 MARCH

- Rule of 6 or two households outdoors
- Household only indoors

 **BUSINESS & ACTIVITIES**

8 MARCH

- Wraparound care, including sport, for all children

29 MARCH

- Organised outdoor sport (children and adults)
- Outdoor sport and leisure facilities
- All outdoor children's activities
- Outdoor parent & child group (max 15 people, excluding under 5s)

 **TRAVEL**

8 MARCH

- Stay at home
- No holidays

29 MARCH

- Minimise travel
- No holidays

 **EVENTS**

- Funerals (30)
- Weddings and wakes (6)

STEP 2

No earlier than 12 April

At least 5 weeks after Step 1

 **EDUCATION**

- As previous step

 **SOCIAL CONTACT**

- Rule of 6 or two households outdoors
- Household only indoors

 **BUSINESS & ACTIVITIES**

- All retail
- Personal care
- Libraries & community centres
- Most outdoor attractions
- Indoor leisure inc. gyms (individual use only)
- Self-contained accommodation
- All children's activities
- Outdoor hospitality
- Indoor parent & child groups (max 15 people, excluding under 5s)

 **TRAVEL**

- Domestic overnight stays (household only)
- No international holidays

 **EVENTS**

- Funerals (30)
- Weddings, wakes, receptions (15)
- Event pilots

STEP 3

No earlier than 17 May

At least 5 weeks after Step 2

EDUCATION

- As previous step

SOCIAL CONTACT

- Maximum 30 people outdoors
- Rule of 6 or two households indoors (subject to review)

BUSINESS & ACTIVITIES

- Indoor hospitality
- Indoor entertainment and attractions
- Organised indoor sport (adult)
- Remaining accommodation
- Remaining outdoor entertainment (including performances)

TRAVEL

- Domestic overnight stays
- International travel (subject to review)

EVENTS

- Most significant life events (30)
- Indoor events: 1,000 or 50%
- Outdoor seated events: 10,000 or 25%
- Outdoor other events: 4,000 or 50%

STEP 4

No earlier than 21 June

At least 5 weeks after Step 3

All subject to review

EDUCATION

- As previous step

SOCIAL CONTACT

- No legal limit

BUSINESS & ACTIVITIES

- Remaining businesses, including nightclubs

TRAVEL

- Domestic overnight stays
- International travel

EVENTS

- No legal limit on life events
- Larger events

[CLICK HERE TO SEE THE ROADMAP IN FULL.](#)



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